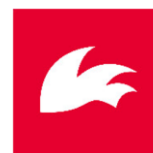




ROOSTER[®]
in your element



**Noble Marine Rooster
RS200 National Championships
7th-11th August 2023
Hosted by East Lothian Yacht Club**

**RS
200**

WELCOME and JOINING INSTRUCTIONS

We are very much looking forward to welcoming you all to North Berwick!

Please read these Joining Instructions to help you before you leave home, on arrival, during the week and on departure, hopefully after a great week of sailing, socialising and enjoying everything East Lothian Yacht Club and the surrounding area have to offer. Debbie Jarvis will be your Class Secretary for the week and should be able to help you with any queries.

PRIOR TO LEAVING HOME, PLEASE:

- **Order all your food tickets and book your Sunday coaching by 28th July [here](#)**
 - o Pre-Nationals coaching with Robbie Burns and Brendan Lynch on Sunday afternoon – top tips on the venue, tuning and sailing your RS200
 - o Local tactics talk with Jim Sinclair
 - o Commodore's reception
 - o Monday Scottish Supper & Ceilidh
 - o Wednesday BIG Space Party Paella
 - o Friday Championship Dinner
- Let us know if you have any specific dietary requirements, by emailing membership@rs-association.com, even if you have not ordered any meals, as we will be serving complimentary sausages and tally treats.
- Make sure all the details on your entry are correct, that both helm and crew are RS Class Association members and that your sail number matches your boat number. If there are any changes, please email membership@rs-association.com
- Join the **Event WhatsApp Group** via [this link](#), please note that when joining the group your phone number and any profile photo will be visible to other group members. The group will be used for communication with competitors, but will not replace the [Official Noticeboard](#)
- Plan your space themed fancy dress for Wednesday's Big Party!

TIMETABLE

Please refer to the Notice of Race and Official Noticeboard for confirmation of Sailing Programme.

Note that timings may be affected by the racing launch and return.

Sunday 6th August

Arrival: 09.00 – 18.00

Sail Loft Galley open for breakfast rolls, lunches, etc.

Registration clubhouse Sail Loft: 14.00 - 17.00

Coaching for those pre-booked, meet ELYC Clubhouse flagpole (rigged, no mains up, not changed):
12.00

Talk by expert local sailor, Jim Sinclair: 18:00 in ELYC Marquee @ Clubhouse

Commodore's Reception incl. complimentary sausages: from 18:45

Gate Start Seminar: 19:30 in the Sail Loft

Bar 17:00 – 23:00

Monday 7th August

Registration clubhouse sail loft: 09:00-10:00

Competitor Briefing in ELYC Marquee: 10:30

Sail Loft Galley open for breakfast rolls, lunches, etc.

1st start: 13:00, 2 races

Traditional Scottish Supper at the club: 18:00

Buses leave for Ceilidh from the clubhouse: 19:00 and 19:45

Daily prize-giving at Ceilidh: around 21:00

Buses leave from Ceilidh to ELYC: 23:00 and 23:30

Public bus option: Lothian Buses, No. 124

North Berwick, Church Road to Aberlady Community Hall: Dep: 19.56 Arr: 20.17, Dep: 20.16 Arr:
20.37, Dep: 20.55 Arr: 21.15

Aberlady Community Hall to North Berwick, Church Road: Dep: 20.54 Arr: 21.13, Dep: 21.20 Arr:
21.39, Dep: 22.29 Arr: 22.48, Dep: 23.29 Arr: 23.48, Dep: 00.39 Arr: 00.58

Tuesday 8th August

Sail Loft Galley open for breakfast rolls, lunches, etc.

1st start: 13:00, 2 races

Daily prize-giving in Marquee: 19:00

Masters' Meal at Fringe by the Sea: 19:15 at clubhouse to depart together

We recommend that those who are not masters use the evening to travel into Edinburgh

Bar: 17:00 – 23:00

Wednesday 9th August

Sail Loft Galley open for breakfast rolls, lunches, etc.

1st start: 13:00, 2 races

Paella in the Marquee: 19:00

BIG Space Themed Fancy Dress Party: 20:00

Daily prize-giving around 21:00

Bar: 17:00 – 23:00

Thursday 10th August

Sail Loft Galley open for breakfast rolls, lunches, etc.

1st start: 13:00, 2 races

Daily prize-giving: 18:30 in the marquee

Class AGM: after prize-giving, in the Sail Loft

Open evening for food – enjoy all North Berwick has to offer:

August is very busy with visitors in North Berwick – Book any restaurant meals early.

Or grab fish & chips and enjoy them at the harbour or in the club sail loft.

There will also be several food options at [Fringe by the Sea](#) in the Lodge Grounds.

Bar: 17:00 – 23:00

Friday 11th August

Sail Loft Galley open for breakfast rolls, lunches, etc.

1st start: 11:00, 2 races

Championship Hog Roast 19:00

Live Band from 20:30

Championship Prize Giving: TBC

GENERAL INFORMATION

ARRIVAL

Dinghy parking will be on the Elcho Green which, if approaching the town from the West (Edinburgh side), is on Beach Road on your left, after you come down Station Hill.

The Elcho Green will be open for dinghy parking on Saturday 5th and Sunday 6th August. The diagram below shows the entrance to the dinghy park and we ask that you park your dinghy in your allocated buddy group space towards the eastern end of the green with the bow facing towards the sea. Please unhitch your dinghy as quickly as possible and then park your car away from the Elcho Green. This is to make sure that we can keep traffic flowing freely if a number of boats happen to arrive at the same time.

Please DO NOT attempt to bring your dinghy down to the harbour area as you will be faced with a tricky journey through or around the town to get to the Elcho Green dinghy park.

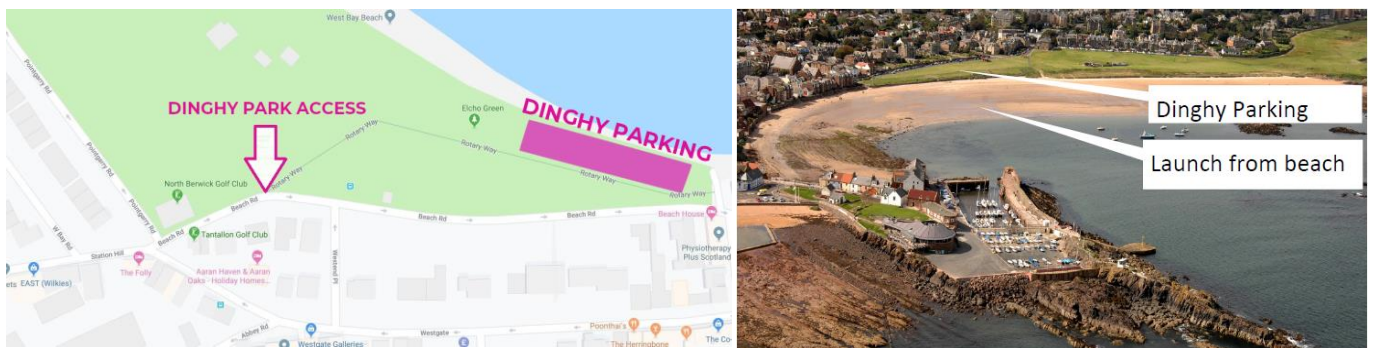


Photo credit—Tony Gorzkowski.

PARKING

Unfortunately, no car parking is available at the Clubhouse, nor on the Elcho Green, which is reserved strictly for dinghy parking only. However, there are a number of public car parks in the town centre which are a short walk away from the Clubhouse.

Check <https://northberwickparking.org.uk/> for details.

REGISTRATION

- All competitors are required to register upon arrival. Registration will be in the Sail Loft at the club house – between 2pm and 5pm on Sunday.
- Trolley tags will be handed out which MUST be attached to the bow of your launch trolley.

CLUB ACCESS

- Changing Rooms and toilets will be open from 09:00 until 23.00
- Space is limited in the changing rooms. If possible, please change for racing before you arrive at the Club or by your boat.

CATERING

- Breakfast rolls, hot drinks and snacks will be available every day from 9am (from 8am on Friday).
- Evening meals will be served as per the timetable above
- Please book meals in advance; there will be a limited number of tickets available to purchase at the registration, but it will really help us if you can order before you leave home.

BAR & LICENSING

North Berwick local bylaws prohibit drinking alcohol in public spaces.

Please support the club and their volunteers by only drinking alcohol purchased from the club bar on club premises.

DEPARTURE

The dinghy park on Elcho Green MUST be cleared on Saturday 12th. If you are staying around over the weekend, the club can assist with storage. Email debbie@rs-association.com to arrange.

RS CLASS ASSOCIATION

The RS Class Association event website is [here](#).

The Your Event Secretary for the week will be Debbie Jarvis, debbie@rs-association.com

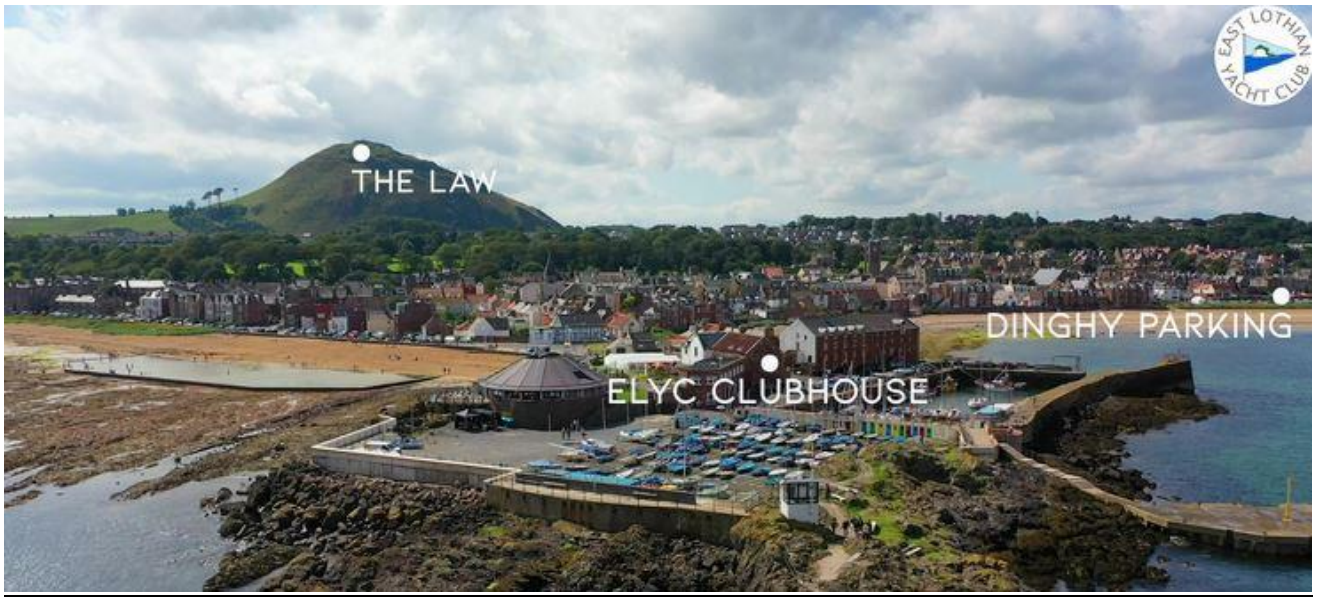
OFFICIAL NOTICEBOARD

The official noticeboard is [here](#)

EAST LOTHIAN YACHT CLUB WEBSITE

The club website is [here](#)

PHOTO SHOWING ELYC AND SURROUNDING FACILITIES



Good luck and have a great week!